

SEPTEMBER 2024

LUNCH



All Lunch Plates include Regular Milk or Water.

Keith's phone 214-725-2591
e-mail ristau70@att.net



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Labor Day

2

Baked Chicken, Broccoli
Corn, Grapes
Or
Tortellini, Grapes
Garlic Bread, Broccoli

3

Turkey, Mashed Pot
Green Beans, Apple
Or
Taco, Rice Pilaf, Apple
Green Beans

4

Chix Dumpling, Berry
California Veg, Biscuit
Or
Hamburger, Cali Veg
French Fry, Strawberry

5

Chix Teriyaki, Broccoli
Chin. Rice, Pineapple
Or
Pizza, Garden Salad
Pineapple

6

Pancakes, Eggs
Bacon/Sausage, Orange
Or
Penne Pasta, Ital Sauce
Calif Veg, Oranges

9

Pork Roast, Macaroni
Mixed Veg, Melon
Or
Chicken Tender, Melon
Mixed Vegetables

10

Grilled Cheese, Apple
Tomato Soup
Or
Taco, Broccoli, Apple
Rice Pilaf

11

Chix Quesadilla, Rice
Green Bean, Berries
Or
Hamburger, Berries
Green Beans, Macaroni

12

Panko Fish, Wild Rice
Carrots, Pineapple
Or
Pizza, Garden Salad
Pineapple

13

Mex Chix Bowl,
Broccoli, Melon
Or
Pasta Bolognese, Melon
Garlic Bread, Broccoli

16

Beef Nacho, Berries
Green Beans
Or
Ham, Sweet Potatoes
Green Beans, Berries

17

BBQ Sand, Macaroni
Mixed Veg, Grapes
Or
Taco, Mixed Veg,
Grapes, Rice Pilaf

18

Lasagna, Carrots
Garlic Bread, Apples
Or
Hamburger, Carrots
French Fry, Apples

19

Roast Beef, Mash Pot
Broccoli, Pineapple
Or
Pizza, Garden Salad
Pineapple

20

Pancakes, Eggs
Bacon/Sausage, Orange
Or
Penne Pasta, Ital Sauce
Green Beans, Oranges

23

Pork Loin, Macaroni
Mixed Veg, Melon
Or
Chicken Nuggets, Melon
Macaroni, Mixed Veg

24

Pasta Alfredo, Berries
Calif Veg, Garlic Bread
Or
Taco, Calif Veg,
Rice Pilaf, Strawberries

25

Chix Enchilada, Grapes
Spanish Rice, Broccoli
Or
Hamburger, Grapes
Broccoli, Macaroni

26

No School

27

Meatloaf, Mashed Pot
Green Beans, Oranges
Or
Pasta Bolognese, Orange
Grn Beans, Garlic Bread

30

